



*Center For Pelvic Health*

Patient Name:

DOB:

### **Voiding Diary Instructions For Fecal Incontinence**

1. In column 1 please indicate the date and time of bowel movement or leak.
2. Indicate with a “yes” or “no” in column 2 if there was an urge to defecate present.
3. Indicate with a “yes” or “no” in column 3 if you leaked stool before you could get to the toilet. Whether it was dribbling or a complete loss of bowel please indicate with a yes. Either way it is still considered an incontinent event. This also includes if you made it to the facility, but were not able to sit down before your bowel began to empty.





